



Sensory Play

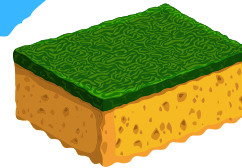


METAL MUSIC BAND

YOU POTS & PANS
WILL LIDS OF SAUCEPANS
NEED: METAL SPOONS

LET YOUR CHILD LINE UP THE UTENSILS ON THE FLOOR AND "PLAY" MUSIC BY HITTING THE SURFACES WITH SPOONS, WHISKS ETC. EXTEND THE PLAY BY GETTING HIM TO REPEAT CERTAIN BEATS THAT YOU WILL SHOW HIM.

THIS ACTIVITY DEVELOPS HAND TO EYE COORDINATION AND UNDERSTANDING OF SOUND PRODUCTION.



SPONGE BATH

YOU
WILL
NEED: BLOW UP POOL, BUCKET / BOWL
SPONGES, SCOURERS, TOOTH BRUSHES,
NAIL BRUSHES, LOOFAHS
WATER (OPTIONAL)

PUT ALL THE BRUSHES AND OTHER THINGS IN THE CONTAINER THAT YOU ARE USING AND LET THE CHILD "WASH" HIMSELF BY BRUSHING THE ITEMS OVER HIS BODY. DISCUSS THE FEEL OF HARD AND SOFT BRUSHES ON HIS SKIN. ENCOURAGE HIM TO USE ALL PARTS OF THE BODY, FROM HIS HEAD TO THE TOES, INCLUDING FACE, ARMS AND LEGS. EXTEND PLAY BY PUTTING WATER IN SO HE CAN SQUEEZE THE SPONGES.

THIS ACTIVITY WORKS ON THE SENSE OF TOUCH AND ALSO HAS AN ELEMENT OF SCIENCE (WATER ABSORPTION)

EXTENDED ACTIVITY:



COLLECTING BARK & LEAVES
CAN BE USED IN A COLLAGE / TO PLAY IN CONTAINER



BLOWING BUBBLES
ALLOW CHILDREN TO CREATE OWN MIXTURE



TREASURE BASKET
PUT ODD ITEMS IN A BASKET AND LET THEM USE THEIR IMAGINATION (ITEMS SHOULD BE OF NATURAL MATERIALS. I.E. WOOD, METAL, SCRAPS OF MATERIAL, CHAINS ETC.)



SENSORY BOARD
ON A PIECE OF WOOD / HARD CARDBOARD, STICK BITS OF SENSORY ITEMS FOR A BABY TO TOUCH.
SUITABLE FROM 5-6 MONTHS OLD