

# Messy Play



## FUN WITH SHAVING FOAM

**YOU** CAN OF SHAVING FOAM  
**WILL** PLASTIC / WOODEN FORKS, KNIVES & SPOONS  
**NEED:** WET WIPES FOR CLEAN UP

LET YOUR CHILD SPRAY THE SHAVING FOAM ON A SURFACE (CAN BE A TABLE, GARDEN FLOOR, BATH OR TILES) AND USE DIFFERENT UTENSILS TO MAKE DESIGNS IN THE FOAM. YOU CAN ADD A FEW DROPS OF FOOD COLOURING FOR ADDED FUN.

**THIS ACTIVITY DEVELOPS IMAGINATIONS AND WORKS BOTH FINE AND GROSS MOTOR SKILLS.**

## EXTENDED ACTIVITY:



SAND & WATER PLAY



GARDENING



HAND & FEET PAINTING



## MUD & WATER

**YOU** EARTH FROM GARDEN / PARK  
**WILL** WATER  
 BUCKET  
 SPOONS  
**NEED:** CUPS / CONTAINERS

LET YOUR CHILD MIX MUD WITH WATER TO THE CONSISTENCY HE DESIRES AND USE HIS IMAGINATION TO MAKE STRUCTURES, MIX "DOUGH", MAKE TRAILS IN THE MIXTURE AND MORE.

**THIS ACTIVITY GIVES A CHILD VALIDATION THAT IT'S OKAY TO GET DIRTY AND MESSY IN ORDER TO LEARN THROUGH PLAY.**



## CORNFLOUR PLAY-DOUGH

**YOU** CORNFLOUR  
**WILL** SHOWER GEL / SHAMPOO  
**NEED:** DISPOSABLE BOWL / CONTAINER

LET YOUR CHILD MIX CORNFLOUR WITH A BIT OF SOAP AND KNEAD UNTIL HE GETS THE RIGHT CONSISTENCY, RESEMBLING PLAY-DOUGH. HE CAN NOW ROLL, SHAPE AND CREATE. ADD TOOLS FOR MORE CREATIVITY.

**THIS ACTIVITY TEACHES ABOUT CHANGES WHEN MIXING DIFFERENT MEDIA AND USES FINE MOTOR SKILLS.**